

CyberSickness in Virtual Reality Questionnaire (CSQ-VR)

A brief tool for evaluating the Virtual Reality Induced Symptoms and Effects (VRISE)

Please, from 1 to 7, **circle** the response that better corresponds to the presence and intensity of the symptom.

Nausea A: Do you experience nausea (e.g., stomach pain, acid reflux, or tension to vomit)?

1	2	3	4	5	6	7
Absent Feeling	Very Mild Feeling	Mild Feeling	Moderate Feeling	Intense Feeling	Very Intense Feeling	Extreme Feeling

Please write below any additional comments relevant to the question above:

Nausea B: Do you experience dizziness (e.g., light-headedness or spinning feeling)?

1	2	3	4	5	6	7
Absent Feeling	Very Mild Feeling	Mild Feeling	Moderate Feeling	Intense Feeling	Very Intense Feeling	Extreme Feeling

Please write below any additional comments relevant to the question above:

Vestibular A: Do you experience disorientation (e.g., spatial confusion or vertigo)?

1	2	3	4	5	6	7
Absent Feeling	Very Mild Feeling	Mild Feeling	Moderate Feeling	Intense Feeling	Very Intense Feeling	Extreme Feeling

Please write below any additional comments relevant to the question above:

Vestibular B: Do you experience postural instability (i.e., imbalance)?

1	2	3	4	5	6	7
Absent Feeling	Very Mild Feeling	Mild Feeling	Moderate Feeling	Intense Feeling	Very Intense Feeling	Extreme Feeling

Please write below any additional comments relevant to the question above:

CyberSickness in Virtual Reality Questionnaire (CSQ-VR) derives from the VR Neuroscience Questionnaire (VRNQ).

Both were developed by Panagiotis Kourtesis.

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Oculomotor A: Do you experience a visually induced fatigue (e.g., feeling of tiredness or sleepiness)?

1	2	3	4	5	6	7
Absent Feeling	Very Mild Feeling	Mild Feeling	Moderate Feeling	Intense Feeling	Very Intense Feeling	Extreme Feeling

Please write below any additional comments relevant to the question above:

Oculomotor B: Do you experience a visually induced discomfort (e.g., eyestrain, blurred vision, or headache)?

1	2	3	4	5	6	7
Absent Feeling	Very Mild Feeling	Mild Feeling	Moderate Feeling	Intense Feeling	Very Intense Feeling	Extreme Feeling

Please write below any additional comments relevant to the question above:

Category	Symptom	Symptom Intensity	Category Score
Nausea	Nausea (Nausea A)		
	Dizziness (Nausea B)		
Vestibular	Disorientation (Vestibular A)		
	Imbalance (Vestibular B)		
Oculomotor	Fatigue (Oculomotor A)		
	Discomfort (Oculomotor B)		
CSQ-VR Score =			

Symptom Intensity = the score provided by the responder.

Category Score = Score A + Score B

CSQ-VR Score = Nausea score + Vestibular score + Oculomotor score

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